

**“Enacting sexual fantasies safely within loving relationships” (relationships can be defined in different ways with two or more people relating). Is Erotic Powerplay going mainstream: What is the BDSM Community today?**

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(A 90 minute lecture and discussion, including a 26-minute DVD film.)

For the introduction, Dr. Hoff will share some of her observations from her interviews during the past 21 years with over 1200 people who engage in consensual erotic powerplay and BDSM.

Learning objectives:

To help mental health professionals and sex therapists to better work with their clients involved in erotic powerplay, whether it has healthy or unhealthy aspects.

Powerplay/Vanilla on a continuum.

To increase participants’ knowledge of the experiences and motivations of people involved in fantasy enactment and BDSM practitioners.

To dispel myths, assumptions and prejudices concerning erotic powerplay and BDSM, with a focus on healthy couples.

To make the distinction between healthy and unhealthy behavior.

Outline:

\*bdsm community and the vanilla world: separate or on a continuum?

\* Powerplay and Our Erotic Imaginations: Why Is It So Sexy and Universal?

\* How is it going more mainstream?

\* What are the boundaries and differences between the bdsm community and the vanilla world playing with kink occasionally?

\* What are the challenges of the communication between the two worlds?

\* Common Prejudices, Fears and Misconceptions; internalized kink-phobia

\*Coming-out process

\* When Powerplay Is Dysfunctional: How Pathology Can Occur in Any Sexual Activity

\* Healthy Relationship: Clearer Communication, Better Boundaries, And Healthy Intimacy

\* When One Partner Is Interested and the Other Is Not

\* Powerplay’s Broad Spectrum: Fantasies and Fetishes, from Feathers to Chains

\* From Dominant to Submissive and Back Again—The Thrill of Reversing Roles

\* Playing with Archetypes: Conjuring Inner Goddesses and Gods, Heroes and Slaves, Mommies and Daddies

### **The video**

Serving Madame Gina: DVD with Madame Gina's property Mercedes, "serving, elegance and playing with archetypes"

©2008, run time 26 minutes, plus special features.

Gina and Mercedes are in a Master/slave relationship, an unusual relationship that may surprise the viewer and dispel stereotypes regarding assumptions what a Master/slave relationship and its participants may be like.

They are living together in their stylish and elegant house in San Francisco, where Mercedes serves Gina in many ways and worships Madame Gina in a very committed and devoted manner.

They just had their 2-year anniversary, and Mercedes received her third tattoo as a symbol of their lives being bonded together forever. Their leather family is present as Mercedes receives her tattoo. In their scene, they often enjoy playing with archetypes: the huntress, the victim, the Goddess, the worshipper and much more comes to life.

While Madame Gina treats her slave and "property" to occasional dungeon scenes which include floggings, bondage and many other activities, most of their 24/7 situation centers around Mercedes being Gina's servant, Lady in Waiting, maid and house slave.